

Try for 3 days: Pray that the Holy Spirit would speak to you through your reading before you start. Place this card where you will see it and read it out loud. Take a time reflect on the passage and what it might be saying about who God is.

As he walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.”

John 9:1-5

Instead of 3 days a week, as suggested,

- + Read this text every day this week.
- + Read John chapter 9 at least twice this week.
- + Continue reading John for 10 minutes and reflect on who God is in your reading.
- + Continue, or add, daily prayers, silent prayers, breathing prayer and/or prayers of thanks.
- + Read Psalm 149 every morning & Psalm 4 every evening.
- + Pray the Jesus prayer throughout the day: **Lord Jesus Christ, Son of God, have mercy on me.**