

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. John 3:16-17

Instead of 3 days a week, as suggested,

- + Read this text every day this week.
- + Read John chapter 3 at least twice this week.
- + Continue reading John for 10 minutes and reflect on who God is in your reading.
- + Continue, or add, daily prayers, silent prayers, breathing prayer and/or prayers of thanks.
- + Read Psalm 50 every morning & Psalm 20 every evening.
- + Reflect on your day. Where did you see God?